



West Pogo Gold Property Update 6.53 g/t over 6 meters in Chip Samples

OTCBB:FSRFF

FSE:F2U

TSX.V:FS

VANCOUVER, CANADA – October 19, 2010 - First Star Resources Inc. (TSX-V: FS) (“First Star”), First Star Resources Inc. (TSX-V: FS) (“First Star”) is pleased to provide an exploration update on its second property under Joint Venture with International Tower Hill, the West Pogo Gold Project in Alaska. In September, while the company was drilling on the LMS Gold property, the company also conducted reconnaissance work on its second property, the West Pogo gold property, which included chip sampling of three traverses over mineralized rubble crops.

The entire zone sampled is approximately 40 meters wide. Assays from this sampling campaign revealed gold grades of 6.53 g/t over 6 meters and 13.05 g/t silver over 6 meters. The sampling was conducted by First Star’s exploration contractor Pacific Rim Geological Consulting of Fairbanks, Alaska. Chip samples were collected and placed in sealed bags and delivered to ALS Chemex in Fairbanks, Alaska for analysis. The results of this sampling campaign are presented in the table below.

Sample Number	Sample Type	Sample Length	Gold	Silver
205349	Chip Traverse	6 meters	3.79 g/t	13.05 g/t
205350	Chip Traverse	6 meters	3.84 g/t	4.86 g/t
205351	Chip Traverse	6 meters	6.53 g/t	0.73 g/t

VP of Exploration Dr. Karsten Eden stated. "These results are very encouraging. Gold values exceeding one gram per tonne over significant lengths were defined by chip sampling. All information thus far indicates a large mineralized system that is interpreted to be intrusion-related. An aggressive drilling program is warranted."

The West Pogo gold project is located in the Goodpaster mining district, Alaska, and represents a high-grade intrusion-related vein system gold target. The West Pogo claim block consists of 96 State of Alaska Mining Claims covering 18.9 square kilometres. The claims are immediately to the west of the Pogo Mine and can be accessed from the mine road. Rock samples collected by previous exploration campaigns revealed gold values of up to 118.5 g/t gold from sericitically altered granite and quartz vein material. Dominant structures on the property are east-west shear zones related to northwest and northeast trending fault zones. Gold discoveries along the west margin of the Pogo mine property are encouraging for the potential of the WP project.

The technical information in this news release was reviewed by Dr. Karsten Eden, First Star's Vice President Exploration, and a Qualified Person as defined in NI 43-101.

About First Star Resources Inc.

First Star Resources is a junior exploration company focused on gold exploration in the world famous Tintina Gold belt in Alaska. The Tintina Gold belt hosts major gold deposits and several mines, such as; Fort Knox Mine-3.7 million oz gold, the Donlin Creek deposit 33.5 million oz. gold, the Livengood deposit, 8.1 million oz gold, White Gold deposit 1.4 million oz gold (Recently taken over by Kinross Gold Corp), and the Pogo Mine 5.6 million oz gold, which is adjacent to one of First Stars Resources' key targets for this year and the WP property. International Tower Hill (ITH-T) spent millions of dollars on the WP and LMS properties which they optioned to First Star Resources after they made their discovery at Livengood. Both of these properties have well defined Gold Targets. First Star Resources recently completed drilling on the LMS, property assays are expected later this quarter 2010.

Visit the Company's website, www.firststarresources.com

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